

Planting Life

Thank you for worshipping with us this morning. We extend a special welcome to our guests.

For Children: We have trained nursery staff (paid nursery attendant as well as adult volunteers) for ages 0-4. The nursery is located on the first floor outside of the Community Room. (Accessible by the stairs from the Church Street Entrance or via the elevator). Children ages 5 and above are invited to stay and worship with their families. Children's programs, books, and crayons are located in the rear of the sanctuary near the welcome table.

Hymn selections can be found in the black hymnals in the pew racks or printed in the bulletin. If you are visiting and did not stop at the welcome desk in the downstairs lobby please stop by after the service they would love to meet you or, please feel free to reach out to someone sitting near you and ask them questions about the service or church. Many of our visitors ask us about the time of offering. This is a time in our service when we respond to God's gifts of love by offering the gifts of our lives. For many of us, this is when we make a financial gift towards the ministries and programs of our church. We also use this time to ask God how we might use the gifts of our hands and hearts in sharing God's love. If you are visiting, there is no obligation to give a financial gift. We are just glad you are worshipping with us. At this time, we are taking offering at the end of the service. Plates for offering will be placed at the doors as you exit the sanctuary. Thank you.

We ask that you please silence your cell phones during our worship service. We also ask that you refrain from applause after our choirs sing and allow the music to resonate in the quiet of the sanctuary and in your hearts. Our musicians are playing and singing for the glory of God. They know you appreciate their efforts and their gift.

Rest rooms (equipped with changing stations) are located on the first floor of the church building and outside the Community Room and the Nursery.

There is much information about the church in this bulletin and our website: www.erucc.org.

Donate online by scanning this code:
or download the **GivePlus Church** application and
make your donation via the app. Thank you.



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15 West Church Street, Frederick, MD 21701 • 301-662-2762 • www.erucc.org



EVANGELICAL REFORMED
United Church of Christ
– An Open and Affirming Congregation –



October 9, 2022

Eighteenth Sunday after Pentecost

10:30 am

The numbered hymns are from The New Century Hymnal
*All who are able may stand

Chimes Concert at 10:00 am from Trinity Chapel's steeple

Greetings and Announcements

Prelude

John Widmann, guest musician

***Call to Worship**

Come and sing the praise of our wondrous God.

Awesome and marvelous are God's works!

Come and celebrate God who refreshes us and brings us new life.

Awesome and marvelous are God's works!

Be joyful, and celebrate the goodness of God here and everywhere.

Awesome and marvelous are God's works!

Come, let us worship God.

***Opening Prayer**

God of mystery and wonder,

you are with us

in times of glory and uncertainty,

times of healing, and times of doubt.

As we worship you this day,

help us to remember that you are with us

in all of the twists and turns of our lives,

the unexpected and the routine.

Lead us to praise you and give you thanks

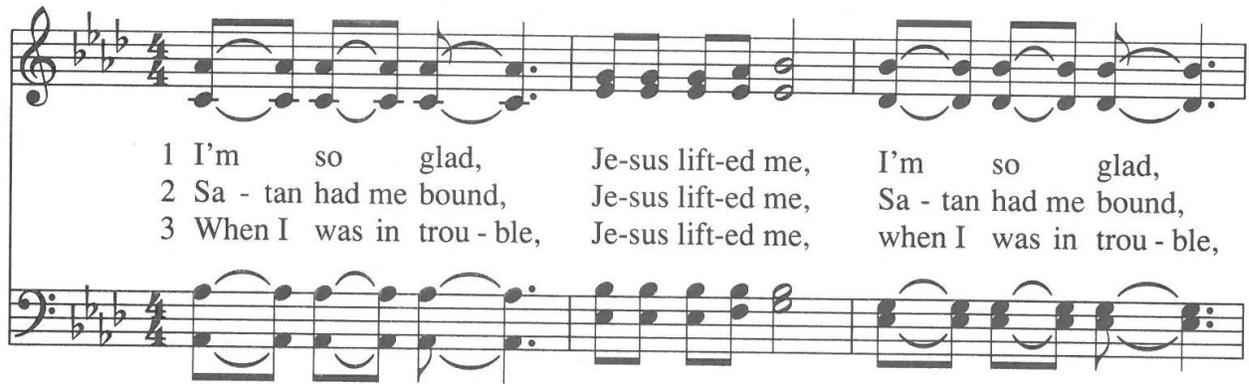
in all times and places.

We pray in the name of Christ Jesus,

healer and friend. Amen.

***Opening Hymn** *I'm So Glad Jesus Lifted Me*

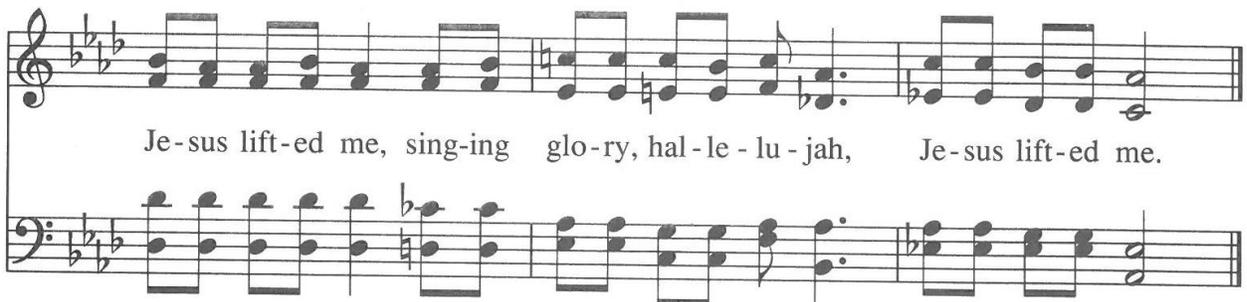
#474



1 I'm so glad, Je-sus lift-ed me, I'm so glad,
2 Sa - tan had me bound, Je-sus lift-ed me, Sa - tan had me bound,
3 When I was in trou - ble, Je-sus lift-ed me, when I was in trou - ble,



Je - sus lift - ed me, I'm so glad,
Je - sus lift - ed me, Sa - tan had me bound,
Je - sus lift - ed me, when I was in trou - ble,



Je-sus lift-ed me, sing-ing glo-ry, hal-le-lu-jah, Je-sus lift-ed me.

***Call to Confession**

***Prayer of Confession**

**God, we feel torn between wanting to praise you,
and feeling ashamed of our faith in you.**

**Sometimes, we feel torn between trusting you and raging against you,
Especially when we suffer from illness or displacement
or with feeling trapped in circumstances beyond our control.**

**We sometimes find ourselves blaming you
or blaming ourselves for not having a strong enough faith**

**to get the answers we want to our prayers.
Sometimes we feel jealous of your good news, God,
and want to keep it to ourselves.
We can't believe the people you want us to share it with:
strangers, and people who don't know you, and even our enemies.
Forgive us, God. Amen.**

***Assurance of Pardon**

God has not created us for discord but has formed us for harmony.
God does not sentence us to ignorance but opens us to understanding.
God does not send us into isolation but welcomes us into community.
God, the Creator of every family in heaven and Earth,
desires peace on Earth and righteousness, joy and love.
Blessed be God, whose mercy is from everlasting to everlasting,
blessed be God, who reaches across all divisions.
Blessed be God, who forgives us, renews us, and makes us whole.
Amen.

Children's Music and Movement *This is the Day*

arr. by I. Lohvin

Thought for the Day

The Lord's Prayer

**Our Father, who art in heaven
hallowed be thy name.
Thy kingdom come. Thy will be done
on earth as it is in heaven. Give us this day our daily bread.
And forgive us our debts, as we forgive our debtors.
And lead us not into temptation, but deliver us from evil.
For thine is the kingdom, and the power, and the glory, for ever.
Amen.**

*Children ages 5 through 5th grade may be dismissed for Junior Church,
located below the narthex, during the singing of the hymn.*

***Hymn** *How Can I Say Thanks*

#14

How can I say thanks for the things you have done for me?

Things so un-de - served, yet you gave to prove your love for me; the

voic-es of a mil-lion an - gels could not ex - press my grat-i - tude. All that I

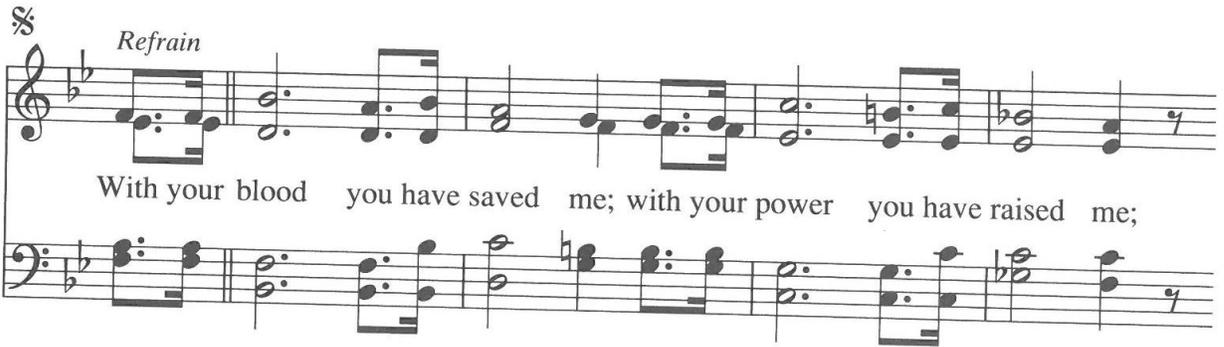
am, and ev - er hope to be; I owe it all to you.

To God be the glo - ry, to God be the glo - ry, to



God be the glo - ry for the things you have done.

§ *Refrain*

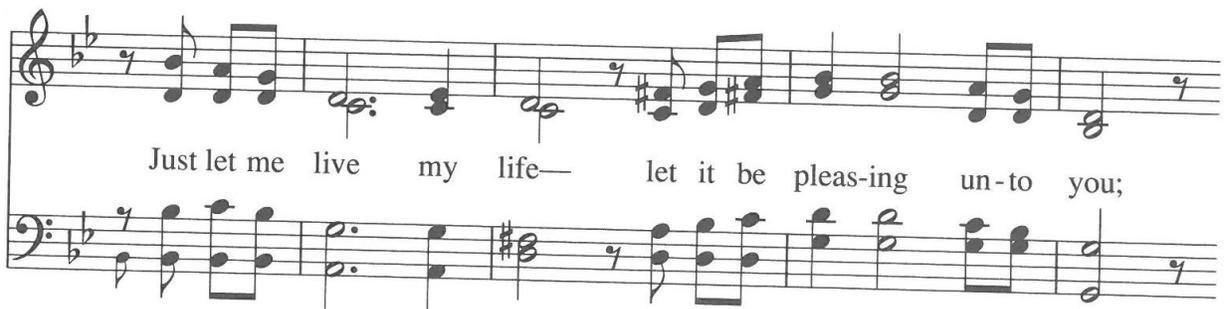


With your blood you have saved me; with your power you have raised me;

Second time, end

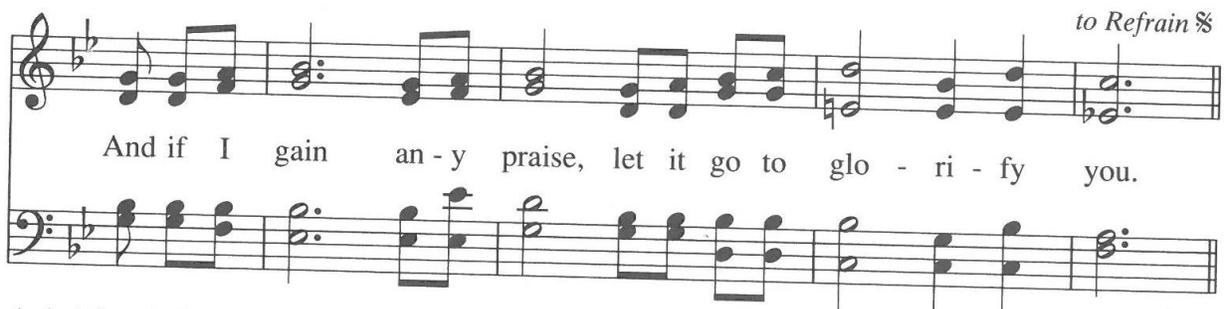


to God be the glo - ry for the things you have done.



Just let me live my life— let it be pleas-ing un-to you;

to Refrain §



And if I gain an - y praise, let it go to glo - ri - fy you.

The Scripture

Luke 17:11–19

NT page 80

Reader: The Word of God for the people of God.

All: **Thanks be to God.**

Sermon

Morning Prayers

It's Coming: Consecration Sunday

Tricia Coffey

Offering of Tithes, Gifts and Lives to Christ's Service

God has brought us to a spacious place. Wherever we find ourselves, God calls us to praise God and to commit our resources to the well-being of Earth and community life. In gratitude to God, whose love knows no bounds, let us respond by giving our tithes and offerings.

Offertory *All My Days*

- M. A. Miller
Spirit

***Prayer of Dedication**

Loving God, we come to you in thanksgiving, knowing that all we are and all we have are gifts from you. In faith and love, help us to do your will. We offer to you this day all the facets of our lives. May we grow in wisdom and insight to understand your will for us. We offer gifts of time, talent, and possessions to reflect our love for you and our neighbor. Help us to reach out to others as you, our God, reach out to us. In Jesus' name we pray. Amen.

***Closing Hymn** *I Thank You, Jesus*

#41
see next page

***Benediction**

Postlude



We welcome John Widmann as our guest musician today.

1 I thank you, Je-sus, thank you, Je - sus,
 2 You've been my fa-ther, been my moth-er,

1 Thank you, Je-sus, thank you, Je - sus,
 2 Been my fa-ther, been my moth-er,

thank you, Je - sus, my Sav - ior God, for you brought me, yes, you
 been my sis-ter, my broth-er, too, for you brought me, yes, you

brought me from a might-y, a might-y long way, a might-y long
 brought me from a might-y, a might-y long way, a might-y long

I thank you, Je-sus, thank you, Je - sus,
 You've been my fa-ther, been my moth-er,

way. Thank you, Je-sus, thank you, Je - sus,
 way. Been my fa-ther, been my moth-er,

thank you, Je - sus, my Sav - ior God, for you brought me, yes, you
been my sis - ter, my broth - er, too, for you brought me, yes, you

brought me from a might-y, a might-y long way, a might-y long way.
brought me from a might-y, a might-y long way, a might-y long way.

The flowers on the altar are in loving memory of Mike Condo who passed away October 5, 2016 by Patricia and Wells Condo.

The yellow rose bud is presented by Peter Brehm and Jack Day.

Attendance Last Sunday: 20 at 8:30 am, 127 at 10:30 am, and 64 online.

Watch
Worship
Live



Watch worship live every Sunday at 10:30 am

<https://sundaystreams.com/go/ERUCC>



Want to listen to the sermon again?

Visit our YouTube channel: bit.ly/erucc_youtube

Today: October 9, 2022

Scripture Reader: Laurel Nguyen-Powell
Deacons: Chuck Baldree, Matt Pomeroy
Elder: Eric Weakly
Greeters: Eliza Stitely, Felecia Bishop
Sue Pinner
Welcome: Pat Condo
Audio/Visual: Kelly Esslinger, Jeff Baker
Larry Martin
Fellowship: Betsy Selby, Marj Berkheimer
Peter Brehm, Laura Rhoderick
Saturday Chimer: Dick Williams
Sunday Chimer: Kelly Esslinger

Next Week: October 16, 2022

Matt Davis, Harrison Fisher
Laura Rhoderick
Tom and Rachel Ford
Cliff Barr
Julie Clark, Holly Davis
Rodney Martin, Jeff Baker
Jeff Schaeberle
Laura Rhoderick
Trish Coffey
Trish Coffey

FELLOWSHIP

Please join us for fellowship in the Community Room after worship to chat with friends, welcome our visitors, and enjoy a time of refreshment.

The Community Room, located on the 1st floor, is accessible by stairs or elevator.

ANNOUNCEMENTS

Worship Next Week

Justice, love, and faithfulness are at the heart of the new covenant that God makes with the people in Jeremiah 31:27–34. As the prophet describes the covenant that leads the people out of slavery, but was eventually broken by their unfaithfulness, the writer distinguishes the nature of this new covenant written on their hearts. Luke 18: 1-8 includes a parable from Jesus about their “need to pray always and not to lose heart.” We are told of a persistent widow seeking justice against an unfavorable judge as an indication of our state in seeking justice in relation to a very favorable God.

The Senior Choir will be singing. We welcome our German friends from Inden-Langerwehe this morning.

HOSPITAL AND PRAYER LIST

Your pastor wants to be available when members of ERUCC are in the hospital. Please let us know so that we can visit with you and your family and provide support. We always ask permission before adding a name to be included in the prayer list or in the verbal announcements on a Sunday morning. There are many for whom we pray and visit whose names are not listed in the bulletin by their request.

Please remember the following people in your prayers:

Derek C. Hupp (grandson of Beanie and Gaylon Cornell), Barbara Rhoads, Barbara and Wayne Kolb (friends of Stefan and Judi Mach and Tony and Linda LaFianza), Sean Sexton, Darryl Glick, John Ewing (grandfather of Tyler York), Conway Barnes (brother-in-law of George and Linda Kline), The Family of Heather Krystofiak (friend of Laura Rhoderick), Mary Jean Thiele (friend of Mary Boswell), Mary Ellen Baker, Pat Hevner, David Cooney, Jeannette Johnson, Starr Schaeberle, Nancy Tordoff (mother of Kim Sexton), Jackie Keyser (sister-in-law of Betsy and Phil Selby), Tamara Tamas, Barbara Lee Crutchley (sister of Milt Crutchley), Marcy Channell (daughter of JoAnn Fritz), Paige Coffey, Jane Doll, Westin (great nephew of Sandy Gray & Danielle Carbone), Peggy Githerman, Emogene Wyand, Fran Wenner, Neremiah Castillo (niece of Andrew Beadle), Bonnie Devilbiss, Maria Csiba (mother of Tamara Tamas), The McCarty family, Tina Prescott (daughter in law of Barbara and Bill Prescott), Mary Remsberg, Heleen (sister of Karin Mens), Kathy Blue Shores (friend of Jean Fish and Barb Biser), Gretchen Manuel (niece of Audrey Rayfield), Ann and Cal Theiss (parents of Katharine Alley), Debra Reedy (friend of Jean Fish and Barb Biser).

Peggy Githerman
208 Center St
Frederick MD 21701

Mary Ellen Baker
634 Schley Ave
Frederick MD 21702

Derek C. Hupp
11 Robyn Dr
Newville PA 17241

Sunday Education Opportunities for Adults

LET'S STUDY THE BIBLE with The Reverends John & Rebecca Shillingburg

North Room / Zoom

9:00 – 10:20 am

Zoom: bit.ly/3QSB77N

Meeting ID: 833 1890 5798

Passcode: 891524

He told them a parable ... Whenever we hear this in a reading from the gospels, be prepared to **DUCK!** While they may appear to be simple stories telling a moral, there's often a lot more going on in the parables. And Jesus' real meaning may be at odds with the simple moral we have heard so many times. Join us as we delve into these enigmatic stories told by Jesus ... stories that often left even the disciples scratching their heads in confusion.

LET'S TALK

Community Room

9:30 – 10:15 am

Today: AARCH (African American Resources and Cultural Heritage) Society of Frederick. The AARCH Society is a “first voice” organization in which the people of a culture speak for themselves about their history, heritage, and culture. **Seaven Gordon, AARCH Vice President,** will share information about the AARCH Society's role in collecting and preserving Frederick's African American history. Come learn first-hand about how the AARCH Society highlights the history, rich heritage, culture and contributions of African Americans in Frederick County.

Next Week: Centro Hispano is rooted in the vibrant culture of the diverse Latino community in Frederick County. **Maria Shuck, Director of Centro Hispano** will highlight some of the programs they offer that create life-changing opportunities for Latinos and the greater Frederick community. We will also explore ways in which ERUCC can support the work they are doing.

This Week at ERUCC

AARCH WALKING TOUR

Explore the history of the southern section of Frederick from the African American perspective

Sunday, October 9

AARCH Heritage Center, 125 E All Saints St 2:00 pm



Join a 60–90-minute walking tour as an African American Resources Cultural and Heritage Society (AARCH) tour guide takes us on an informative exploration of local history on All Saints Street and the surrounding area. Learn about the cultural and historical importance of the neighborhood that was the center of the African American community up until the early 1960s. We will meet at the AARCH Heritage Center, 125 East All Saints St, to begin the tour.

There is a 15-person limit. A donation of \$7 is suggested and can be paid to ERUCC.

RSVP to erucc@erucc.org.

TUESDAYS WITH TED

Tuesday, October 11

6:00 – 7:00 pm



Join a group on Zoom hosted by Pastor Daniel to listen to and discuss the TED Talk by **Elizabeth Gilbert: Your elusive creative genius.**

Elizabeth Gilbert muses on the impossible things we expect from artists and geniuses -- and shares the radical idea that, instead of the rare person "being" a genius, all of us "have" a genius. It's a funny, personal, and surprisingly moving talk.

To join via Zoom: <https://bit.ly/3erWnj1> Meeting ID: 923 9891 8264 Passcode: 313735

CHIMES LEARNING AND SERVICE GROUP

Thursday, October 13

North Room

11:00 am



At this meeting of the Chimes Group, our speaker will be from SHIP, the Student Homelessness Initiative Partnership of Frederick County, to share information on how they provide critical resources and urgent services for Frederick youth experiencing homelessness. All are welcome to attend.

GERMAN VISITORS FROM INDEN AND LANGERWEHE

October 14 – 23



Join us as we welcome our German Friends! Led by The Rev. Daniel Mueller-Thor, a group of 16 youth and adults will be visiting with us October 14-23. Please contact Pastor Daniel if you wish to participate in any activities. Drivers and people to prepare food are most welcome.

Friday, October 14	2:30 pm	Arrival at Dulles
	5:30 – 6:00 pm	Welcome meal at ERUCC (Julie C.)
Saturday, October 15	Morning	Free time with Host Families
	1:00 – 4:00 pm	Optional Summer's Farm Fall Festival (joint activity with children and families)
Sunday, October 16	Morning	Worship at ERUCC
	2:00 – 3:00 pm	Optional Conversation about being a Just Peace Church at ERUCC
		Cuba 1962 – Ukraine 2022 event in Memorial Park: "Remembrance, Vigil for Peace, Call to Action to Eliminate Nuclear Weapons"
Monday, October 17	8:30 am	Depart ERUCC for Washington DC
	Evening	Dinner at ERUCC (Starr S., Keith S.)

Tuesday, October 18	9:30 am	Visit Frederick Heritage Center/Walking Tour of Downtown Frederick
	Afternoon	Lunch at ERUCC (Peter B., David K.) ERUCC History – Current Mission programs and initiatives. Challenges facing ERUCC and other US congregations today
	4:00 pm Evening	African American Heritage Walking Tour Free time with Host Families
Wednesday, October 19	9:00 am	Immigration Conversation – USA and Germany Meet at ERUCC to travel to the Asia American Center of Frederick for a panel discussion on immigration in the USA
	Afternoon	Return to the church and walk to Heritage Frederick: “We the People” exhibit of immigration Lunch at ERUCC (David K.)
	Evening	Dinner at ERUCC (Joe A.)
Thursday, October 20	8:30 am	Depart ERUCC for Annapolis
	10:00 am	Guided tour of the State House
	11:30 am	Banneker-Douglas Museum (focuses on African Americans in Maryland)
	4:00 pm	Lunch and Free Time Depart Annapolis for ERUCC
	6:00 pm	Dinner at Brewer’s Alley
Friday, October 21	9:00 am	Depart ERUCC for Harper’s Ferry
	Evening	Dinner at ERUCC (Kim S., Catie S.) Thomas Johnson High School Football Game
Saturday, October 22		Free Day with Host Families
	5:00 pm	ALL CHURCH EVENT: BBQ at the Hoewing Moxley Farm, 10809 Liberty Rd, Frederick
Sunday, October 23	Morning	Worship at ERUCC Lunch and goodbyes following worship
	1:00 pm	Depart for airport

Upcoming at ERUCC

ERUCC BOOK GROUP

Tuesday, October 25

Liz Coffey Room / Zoom

7:00 pm

Zoom: bit.ly/ER0821

Meeting ID: 824 9521 1145

Passcode: 343455

Of Women and Salt by Gabriela Garcia. Read a book synopsis in the October Trinity Chimes at bit.ly/Oct22Chimes.

WOMEN'S RETREAT

Perfect Rough Edges: Per'-fect or Per-fect' led by Pastor Daniel and Karen Justice

Saturday, October 29

Community Room

8:30 am – 4:00 pm

Although we often think otherwise, sometimes our rough edges are perfect. After all, the rough edges of diamonds cut through hard objects. Sometimes, however, we need God's help to perfect our rough edges. As we tumble through life and we glue our broken pieces back together, we are constantly transforming our rough edges.

Join us for a day of discussions about our expectations, acceptance and artistic adaptations for transforming the rough edges of our lives. While we won't achieve perfect, we'll learn to perfect the lives God has given us.

Light breakfast to be served at 8:30 am. Program will begin promptly at 9 am. Lunch from Firestones will be provided. A \$10 donation for meals is requested.

RSVP to erucc@erucc.org by October 24.

YOUTH GROUP: MYSTERY NIGHT

Sunday, October 30

Trinity Chapel Community Room 6:00 – 7:30 pm

Thanks for Barb Barry and Thi Nguyen for planning this fun evening.



KENTUCKY MISSION TRIP OPPORTUNITY

November 12-19



ERUCC members and friends will travel to Kentucky to work with Fuller Center Disaster ReBuilders, a 501(c)(3) Christian organization dedicated to serving the victims of major disasters in the United States. The group was formed in the aftermath of Hurricane Katrina in 2005 and has supported rebuilding after all the major hurricanes since. Their client homeowners are low-income and underinsured. The Fuller Center uses volunteers to make rebuilding more affordable and is financed from donations and grants.

On December 10, 2021, Kentucky was hit by record-setting, catastrophic tornadoes. A “long-track” twister was on the ground for almost 200 miles and hit 11 counties, including the small towns of Dawson Springs and Bremen. The Fuller Center is partnering with First Christian Church of Madisonville, centrally located between Dawson Springs and Bremen, to house volunteers and begin rebuilding these communities.

We will be leaving on Saturday, November 12 to drive to Kentucky to enjoy a free evening and Sunday prior to starting work on Monday, November 14. Please contact Keith Stickley, keith.stickley@montgomerycountymd.gov, or Pastor Daniel, bkdaniel@erucc.org, for more information or if you are interested in going. While construction related skills are welcome, we need all kinds of skills to make the trip work so do not hesitate to consider this opportunity.



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for all
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Weekly Education Opportunities for Adults

TUESDAY MORNING BIBLE STUDY with The Rev. Barbara Kershner Daniel

Faithful and True: A Study Guide to the Book of Revelation

Tuesdays, October 11 – November 22 North Room / Zoom 11:00 am – Noon

Zoom: bit.ly/3TdUnOy Meeting ID: 875 1423 3398 Passcode: 973365

"What in the world are we to make of the dizzying array of grand and grotesque images 'revealed' to an early Christ-follower named John? Enter the expert scholar-teacher Greg Carey as the perfect docent through Revelation's stunning gallery. Carey orients us to a 'faithful and true' focus on the 'faithful and true' Christ - a vital corrective to fanciful and false readings of Revelation that remain wildly popular." (F. Scott Spencer, author of *Salty Wives, Spirited Mothers, and Savvy Widows*).

What should modern readers make of the wildly fantastical Revelation to John? New Testament scholar Greg Carey offers an accessible guide to the daunting Book of Revelation, inviting us not to decode every symbol or tame every dragon, but rather to engage the urgent questions of power and loyalty.

WEDNESDAY AFTERNOON BIBLE STUDY with The Rev. Esther Ziegler

Faithful and True: A Study Guide to the Book of Revelation

Wednesdays, September 7 – October 26 North Room 2:00 – 3:00 pm

What should contemporary Christians make of the last book in the New Testament? Greg Carey, Professor of New Testament at Lancaster Theological Seminary, offers an accessible guide to the Book of Revelation in his new book *Faithful and True: A Study Guide to the Book of Revelation*. Rather than translating the fantastic and metaphorical language of the first century, he invites us to learn what those first Christians were facing in their time and culture and to use it to engage the urgent questions of power and loyalty we face as Christians today. Books are available through the church office and the reading for each session will be about 10 pages long plus assigned passages in scripture.



Children and Family Ministry

FAMILY AND CHILDREN'S MINISTRY SURVEY

Please complete a 5-question Family and Children's Ministry Survey. Together, along with notes from the small group listening sessions this past summer, your responses will help guide Pastor Kirstin in strengthening our Children's Ministry in a way that best fits our families at ERUCC. Thank you!

5-Question Survey: bit.ly/ERUCCfamsurv

JUNIOR CHURCH

Beginning October 9, and on all Sundays except the first Sunday of each month, we will provide Junior Church for students age 5 – 5th grade. Children may go downstairs under the narthex to join in creative spiritual formation activities after the Thought for the Day. Volunteer leaders needed! Parents should pick up

TINY TOTS

Thursday, October 12

Nursery

9:00 am – 12:00 pm



Join this first-time conversation with Pastor Kirstin about how this group can be supportive for caregivers of pre-school and younger children. Along with your kids, we'll meet in the nursery with coffee and adult snacks. Drop in when you can!

FAMILY FUN AT SUMMERS FARM

Saturday, October 15

Summer's Farm

1:00 – 4:00 pm



Join other families in pumpkin farm fun at Summer's Farm, 7503 Hollow Rd, Middletown! We rented a campfire circle as our "home base" to leave our own snacks and stuff while we go play.. The cost for those who sign up and pay by Wednesday October 12 will be \$10 a ticket. After that, you may have to pay for your own ticket at the gate for \$17.50 if we are out of pre-purchased tickets.

Sign up: bit.ly/summerspumpkin

GOD'S KIDS' CLUB, PUMPKIN EXTRAVAGANZA

Thursday, October 20

Community Room

9:00 am – 2:00 pm



God's Kids Club will decorate, bake, play games, and make sticky crafts with pumpkins! Pumpkin chocolate chip cookies and mini pumpkin pies will be treats for us and gifts to some friends on our prayer list. Sign up in Sunday School classrooms or through the Signup Genius link posted on Facebook.

More family events on next page!

What's the Scoop?
Sunday, October 23

Community Room

12:00 – 2:00 pm



Join families of elementary aged kids to enjoy pizza with the Germans and then ice cream sundaes creations and Get to Know You Games led by Pastor Kirstin. Sign up in Sunday School classrooms to help us prepare.



Additional Announcements

ERUCC COMPOSTS AND SO CAN YOU



As part of our commitment to be a Creation Justice Church, ERUCC is working to keep as many items out of the land fill as possible. This includes re-using items, washing dishes, recycling, and composting. We have a contract with Key City Compost who regularly pick up our food waste and compostable plates, napkins, and cups.

If you wish to bring your compost from home and add it to the ERUCC bin, you are welcome to do so. It is a green bin located at the end of the alley to the right of the main sanctuary building. Dump your compostable items into the bag that is in the bin. Please do not place any other plastic bags in the green bin.

Review the graphic on the next page to see what you can place in the compost bin with Key City Compost!

The City of Frederick and Key City Compost also began an entirely free pilot program this summer for all residents who live in NAC 5 or NAC 11 and receive solid waste (garbage) service by the City of Frederick. This may not include some apartments, condo's or HOA's with privately negotiated solid waste services. To sign up, check your eligibility at keycompost.com or send an email to support@keycompost.com.

IS IT COMPOSTABLE?

YES

fruit & vegetable scraps
(including corncobs, nuts, pits, seeds)
pasta, bread, cereal, rice
popcorn
beans
egg shells
meat (raw & cooked)
bones
seafood (meat & shells)
dairy
baking ingredients
herbs & spices
coffee grounds & filters
tea bags
paper towels & paper towel rolls
pizza boxes
flour and sugar bags
paper plates (only 100% paper- no
shiny coating)
household plants (including soil)
flowers & leaves
items labeled BPI Certified
Compostable or ASTM D6868 or D6400

NO

PLASTIC or plastic coated
styrofoam meat trays
aluminum foil
candles
synthetic corks
gum
dental floss
Q-tips
dryer lint sheets
disposable mop sheets
vacuum cleaner bags
diapers
hair or pet fur
cat litter
pet waste
dead animals
(such as pets, roadkill, caught)
fireplace or BBQ ashes
recyclable materials (clean paper,
cardboard, glass)
items labeled Biodegradable or
Oxo-Biodegradable

QUESTIONS?

SEND A PHOTO TO OUR TEAM AT INFO@KEYCOMPOST.COM

We generally say "When in doubt, leave it out!" If it is an item that looks questionable, it is not acceptable unless it is labeled as BPI Certified Compostable. "BPI" stands for the "Biodegradable Products Institute", indicating it has been independently verified.

Opportunities to Use Your Gifts at ERUCC

FELLOWSHIP

Consider helping with Fellowship! Helping with fellowship can be as easy as helping set up before worship, helping to serve during Fellowship after service, or bringing a special treat to share.

Contact Laura Rhoderick or Starr Schaeberle, or sign up to share your gifts of hospitality at bit.ly/ERUCC_fellowship.

EVENT HOSPITALITY AND SUPPORT



Please consider giving your time as we extend ERUCC's hospitality to the community of people using our spaces for their milestone life events, business meetings, and community gatherings. In supporting at these events, you are helping to fulfill our mission to do good work in Frederick and beyond. Many opportunities to serve in this ministry may only involve a few hours of your time and are often very fulfilling to support.

To help with upcoming events, contact Pastor Daniel or the church office, 301.662.2762, events@erucc.org, or sign up online: bit.ly/ERUCC_events_help.

AUDIO/VISUAL TEAM

We are looking for volunteers to join our AV team. No special skills or experience is required. We rotate duty Sundays so you don't need to be there every Sunday. We each typically work about 2 Sundays each month. Schedules are set 3 months at a time, and we work together to cover shifts when someone's plans change. There are three people there each Sunday so you will always be with someone experienced. We will provide training on both audio and video consoles. If you are interested, please contact Jeff Schaeberle, jeff@erucc.org. You are also welcome to come up to the balcony on any Sunday to observe and learn more.



Sunday Morning Schedule

8:30 – 9:15 am	Worship , Trinity Chapel
9:30 am – 12:00 pm	Nursery Care , Main Building
9:30 – 10:15 am	Adult Education , Main Building <i>Let's Talk (9:30 am) and Let's Study the Bible (9:00 am)</i>
9:30 – 10:10 am	Children's Sunday School , Trinity Chapel <i>Ages 3 – 2nd Grade, 3rd – 6th Grade, Confirmation Class</i>
10:10 – 10:25 am	Children's Music & Movement , Trinity Chapel <i>Pre-K through high school</i>
10:30 – 11:30 am	Worship , Main Sanctuary
11:30 am	Fellowship , Community Room
11:30 am – 12:00 pm	Cambridge Handbell Choir Rehearsal , Flora Room <i>Pre-K through high school</i>

God is still speaking,
**UNITED CHURCH
OF CHRIST**

STAY INFORMED

Read our Trinity Chimes monthly newsletter for more information about ERUCC activities, opportunities, and updates. You can find the Trinity Chimes in the back of the sanctuary and online at bit.ly/Oct22Chimes.

If you have an announcement for the bulletin, Thursday Thoughts, or Trinity Chimes, please send to erucc@erucc.org.

MISSION STATEMENT

We, the members of this congregation, seek to celebrate in word and deed the gospel of Jesus Christ, by nurturing spiritual growth through worship, study and prayer; by caring for one another as God cares for us; and by proclaiming God's love for all people as we work to help our neighbors near and far. We commit ourselves to develop and implement specific programs to fulfill our mission.

EIGHTEENTH SUNDAY AFTER PENTECOST

October 9, 2022

Jeremiah 29:1, 4-7

Planting Life

Access Sunday and Disabilities Awareness Week

Jacob Nault is a member of the UCC Disabilities Ministries. On this Disabilities Awareness Week, he checks in about how music connects us to God, and how the church can do better in welcoming people with disabilities.

“The church where I am a member is the Congregational UCC of Neenah-Menasha, in Neenah, WI. My pastor is Rev. David Frey.

I started playing piano at age 5. As my cerebral palsy affects primarily the left side of my body, learning to play the piano with both hands was a challenge. I taught myself a workable method which involves playing piano with six fingers—one in use in my left hand. My right hand takes care of melody and bass clef “fill” notes. In high school, I had the opportunity to take private piano lessons with an experienced professor who helped me refine that technique.

I feel very supported and affirmed as a musician. Music connects people to God in several important ways. Hymn lyrics, for example, can help us cement our theology. The experience of sharing music together can help worship become more communal and engaging. If implemented well, music can help us connect to the full range of the human experience—uncontainable joy or raging lament. Sharing the full range of human emotion deepens our relationship with God.

The wider church perspective on disability needs work. For example, many churches are unable to prioritize full inclusion of disabled people because building modifications are cost-prohibitive or accommodating neurodiverse needs in worship spaces seem too difficult. We miss an opportunity when we are inclusive of other marginalized populations but do not put the same energy into drawing the circle wider to the disability community.”

You can connect with Jacob Nault - Six-Fingered Pianist - on Facebook and Soundcloud to hear more of his wonderful music, including a new verse to Amazing Grace he wrote just for the UCC Disabilities Ministries.



8 1/2" x 14" UCC SUNDAY BULLETIN SERVICE